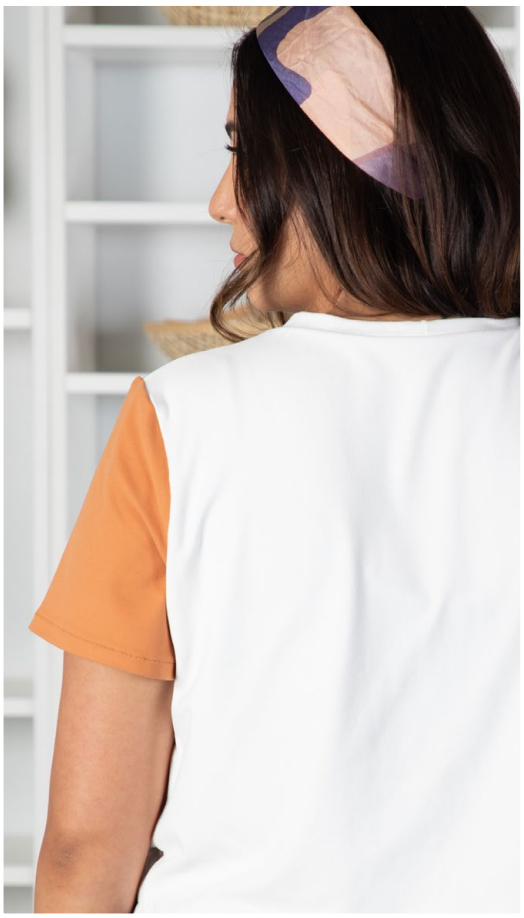


TRINCHERA T-SHIRT

BY AMANDA CARESTIO

Sew a boxy tee with a slightly cropped hemline for all your outfit needs.

FINISHED MEASUREMENTS									
	0	**2**	**4**	**6**	**8**	**10**	**12**	**14**	**16**
Bust/ Waist/ Hips	36¼"	37¾"	39¼"	40¾"	42¼"	44"	45½"	47"	48½"
	18	**20**	**22**	**24**	**26**	**28**	**30**	**32**	**34**
Bust/ Waist/ Hips	50"	51½"	53"	54½"	56"	57½"	59"	60½"	62"

**Length is 17¼" for all sizes.*

SUPPLIES

- Trinchera T-Shirt pattern
- 1 yard of T-shirt weight knit fabric (such as jersey)
- ¼ yard of contrasting knit fabric for the sleeves (optional)
- All-purpose thread
- Ballpoint needle
- Serger (optional)

PREPARE

Prewash and dry the fabric.

Print and tile the pattern. Cut out all pattern pieces in the desired size based on bust circumference.

From the main fabric, cut one front on the fold, one back on the fold and one neckband on the fold. Cut with the direction of greatest stretch going across the body.

From the contrasting fabric, cut two sleeves.

tip

Using up scrap fabrics? Try cutting the sleeves and neckband in different knit fabrics! Just make sure they have similar stretch qualities to the body of the T-shirt.

CONSTRUCT

Use ⅝" seam allowances unless otherwise noted and stitch with right sides together using a serger or zig-zag/ stretch stitch.

Stitch the front to the back along the shoulder seams.

Open shirt to lay flat and align the sleeves to match the notches **(1)**.

Stitch each sleeve to the armhole starting and ending at the underarm points.

Fold the sleeve and top, right sides together, to match the side edges. Stitch the sleeve and side seam as a continuous seam passing over the underarm point **(2)**.

Repeat for the other side.

Stitch the short end of the neckband together.

Press the neckband in half with wrong sides together and pin to the right side of the neckline, matching the seam to the center back **(3)**.

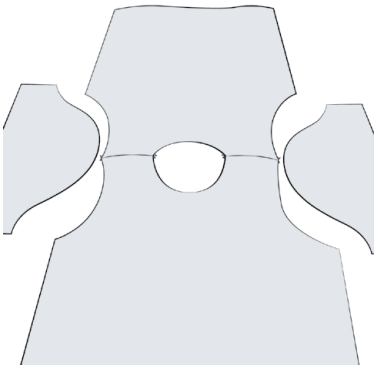
Locate the center fronts of both the neckband and shirt and pin together to create an even stretch **(4)**.

Stitch the neckband to the neckline. Press the allowance towards the shirt.

Press up the sleeve and shirt hem allowance ¾" towards the wrong side and topstitch using a wide zig-zag stitch from the right side **(5)**.

Optional: Topstitch the neckband allowance to the top to help lay flat **(6)**.

1



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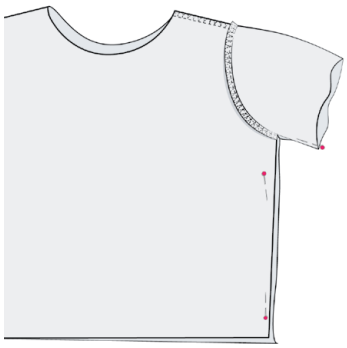

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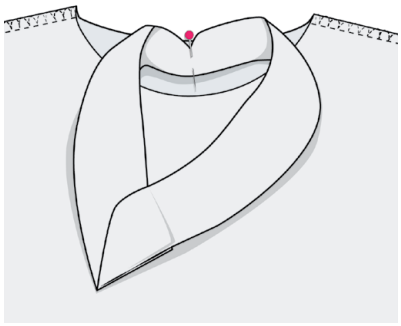

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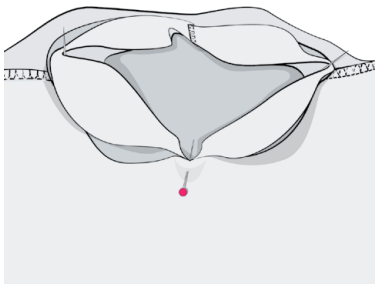

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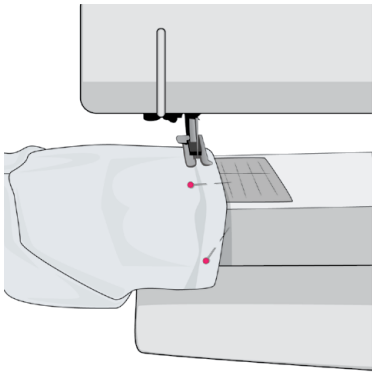

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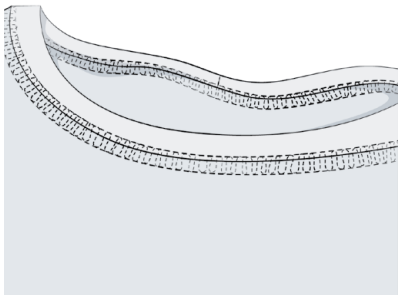
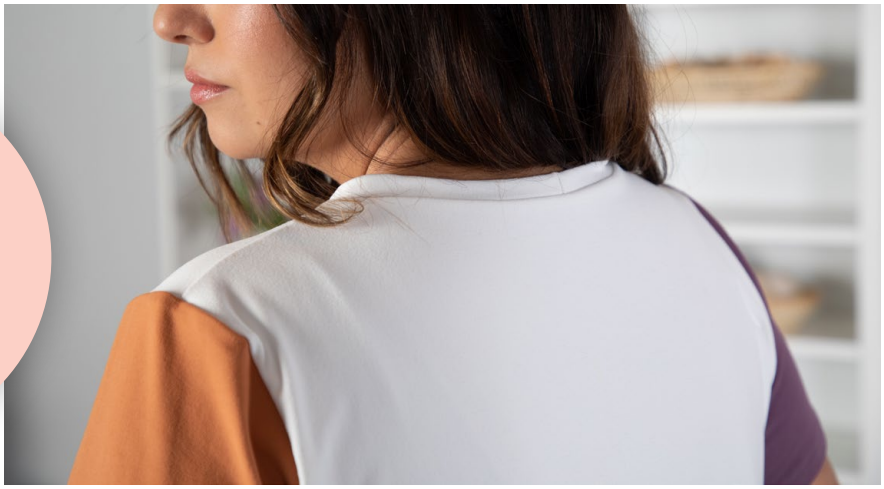
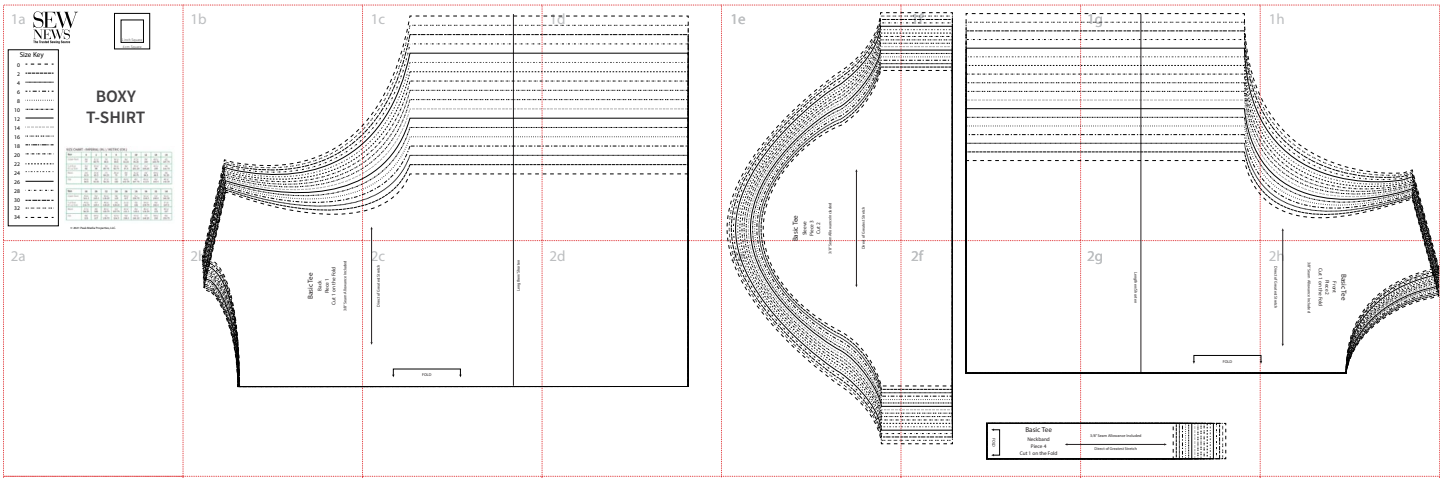


CHECK OUT different hacks you can do to this T-shirt pattern to make it different next time on page 21.



SEW NEWS
The Trusted Sewing Source

TRINCHERA T-SHIRT



Template overview

1" Test Square

16 pages: 1a–1h; 2a–2h

Print this page first at 100%, then measure the 1" test square before printing full pattern.

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1a

SEW NEWS
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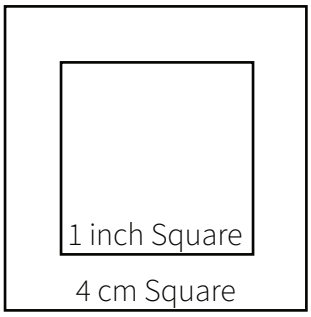

Size Key

0	
2	
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24	
26	
28	
30	
32	
34	

BOXY T-SHIRT

SIZE CHART - IMPERIAL (IN.) / METRIC (CM.)

Size	0	2	4	6	8	10	12	14	16
Upper Bust	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75
Full Bust B Cup Size	32/ 82	33.5/ 86	35/ 89.75	36.5/ 93.75	38/ 97.5	39.5/ 101.25	41/ 105.25	42.5/ 109	44/ 112.75
Waist	24/ 61.5	25.5/ 65.5	27/ 69.25	28.5/ 73	30/ 77	31.5/ 80.75	33/ 84.5	34.5/ 88.5	36/ 92.25
Hip	34.5/ 88.5	36/ 92.25	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25

Size	18	20	22	24	26	28	30	32	34
Upper Bust	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25
Full Bust B Cup Size	45.5/ 116.75	47/ 120.5	48.5/ 124.25	50/ 128.25	51.5/ 132	53/ 136	54.5/ 139.75	56/ 143.5	57.5/ 147.5
Waist	37.5/ 96.25	39/ 100	40.5/ 103.75	42/ 107.75	43.5/ 111.5	45/ 115.5	46.5/ 119.25	48/ 123	49.5/ 127
Hip	48/ 123	49.5/ 127	51/ 130.75	52.5/ 134.5	54/ 138.5	55.5/ 142.25	57/ 146.25	58.5/ 150	60/ 153.75

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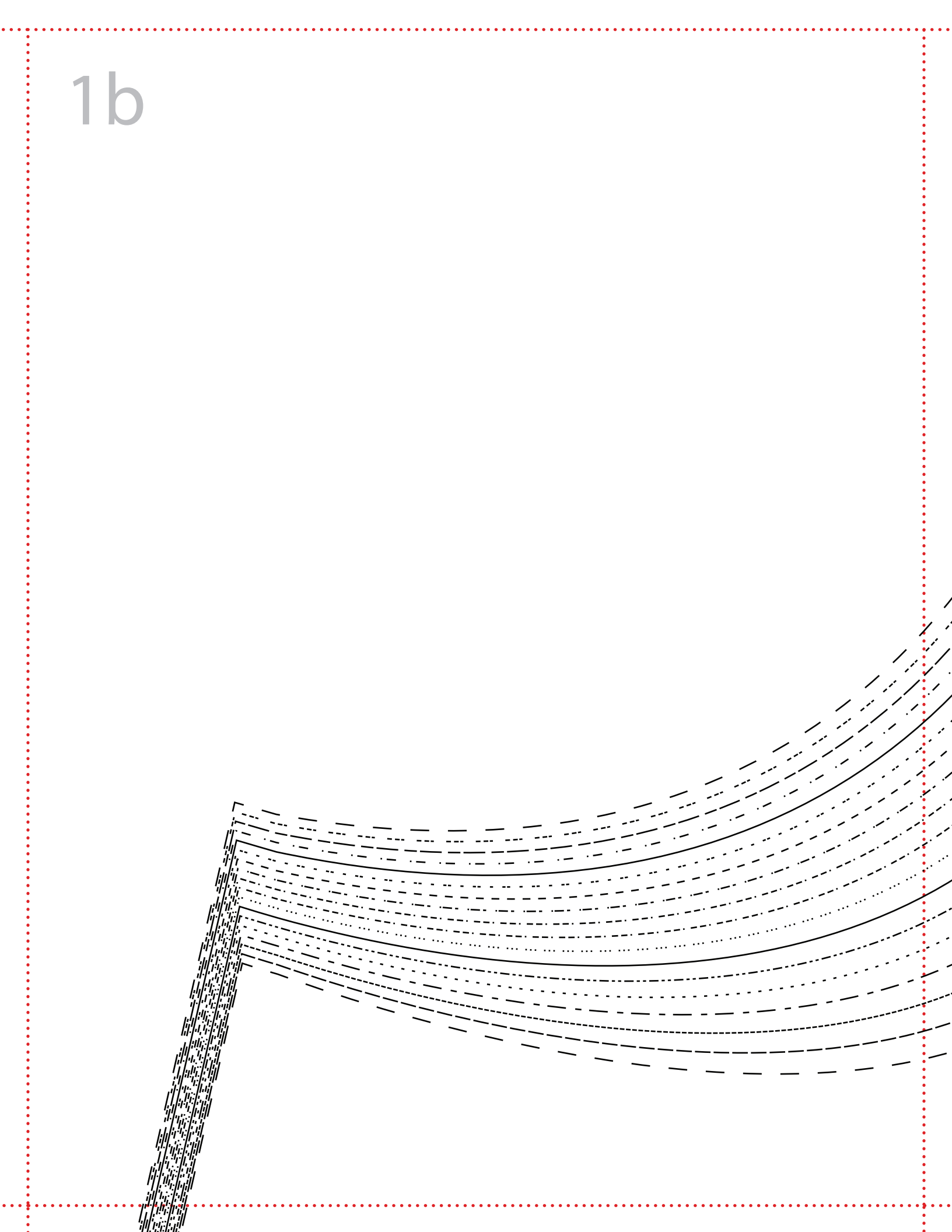
1b



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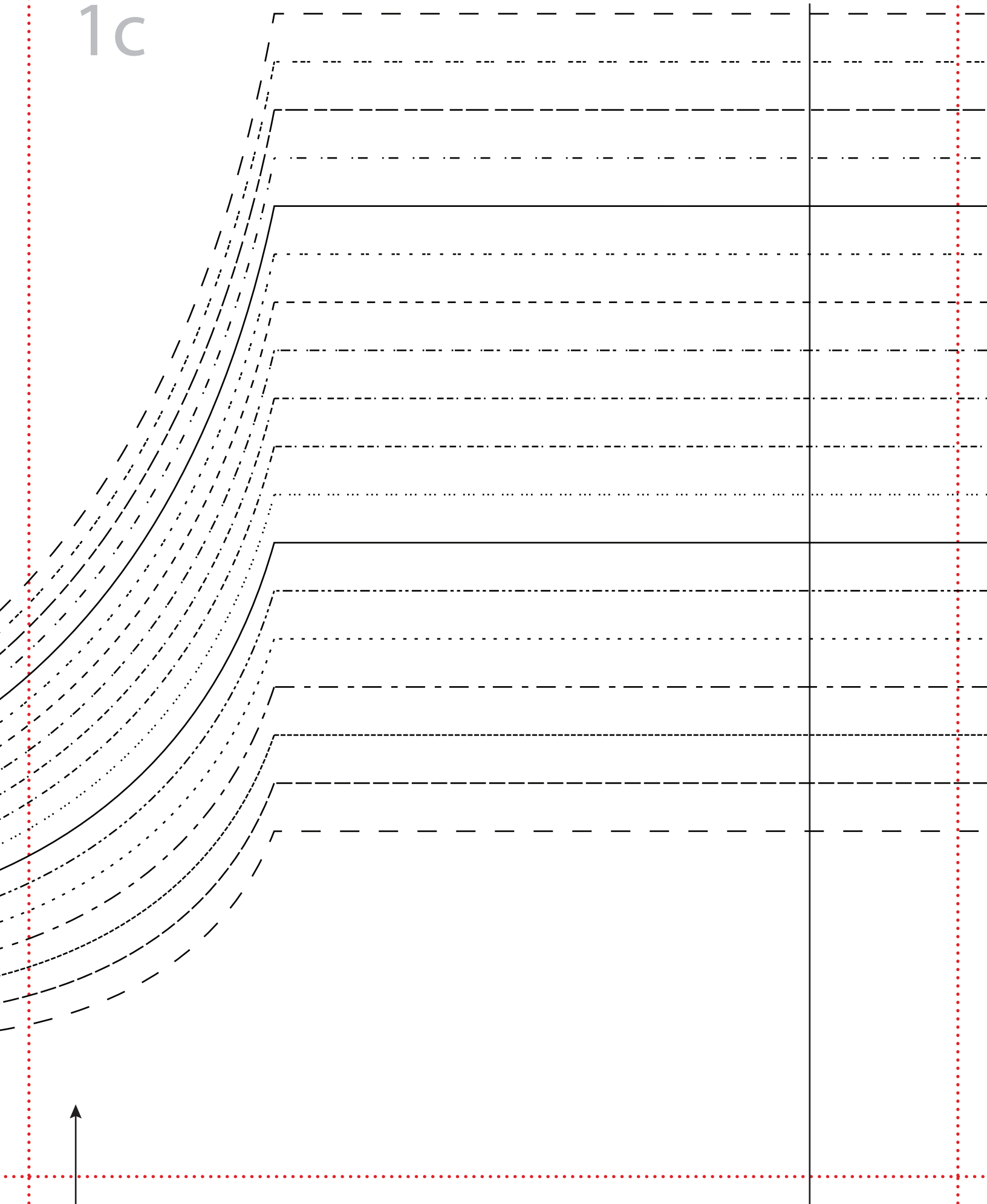


1d

Basic Tee

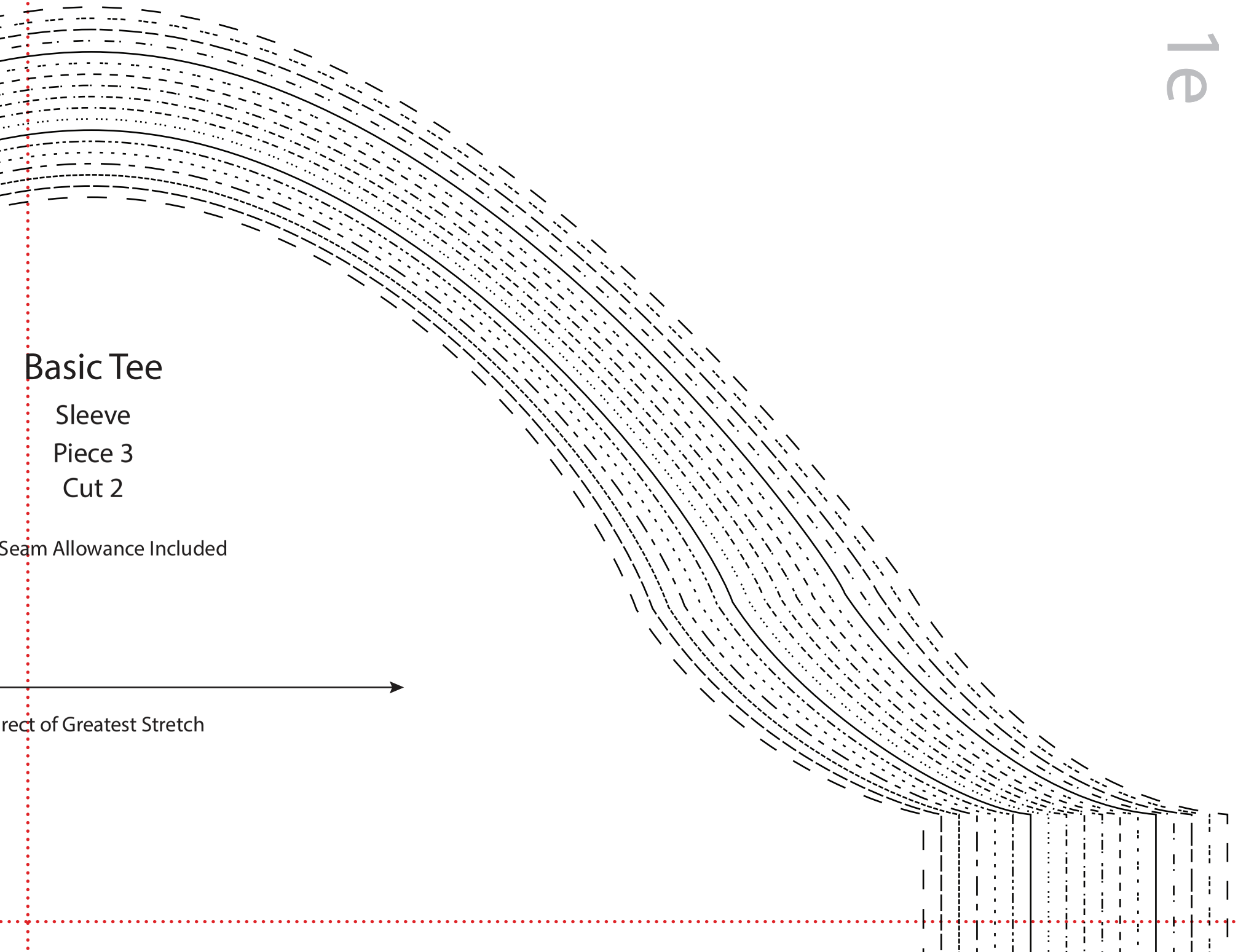
Sleeve

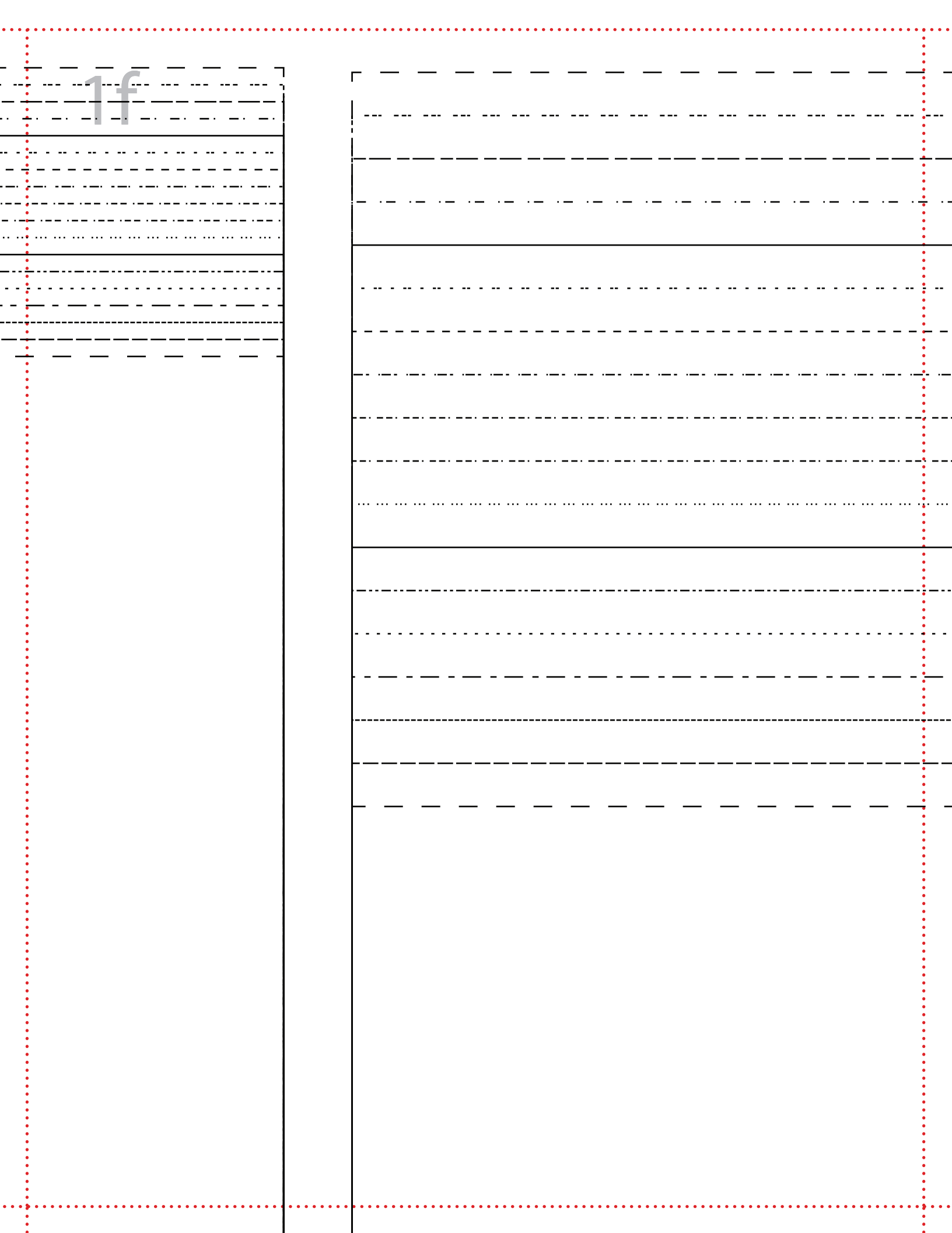
Piece 3

Cut 2

Seam Allowance Included

rect of Greatest Stretch

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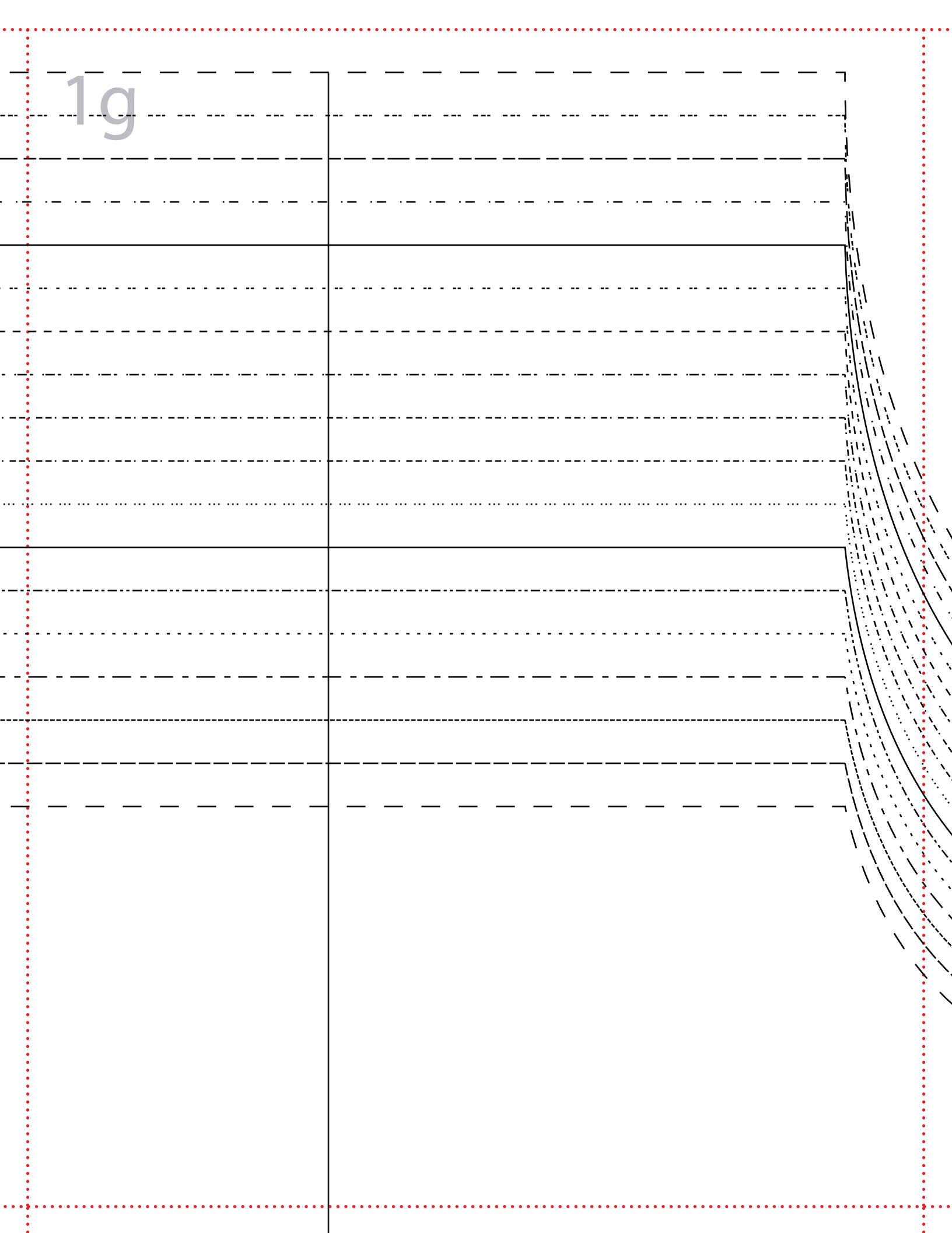
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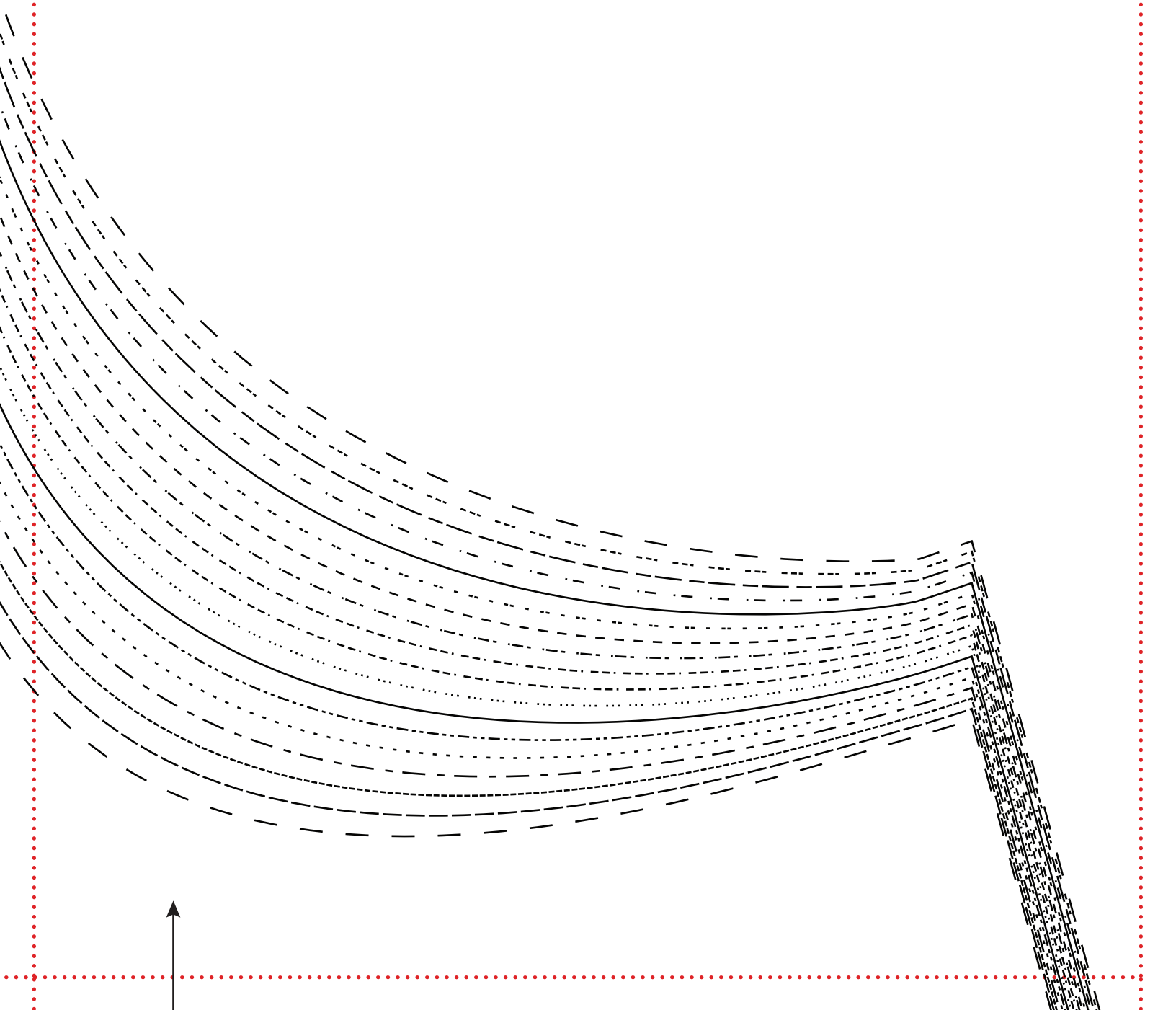
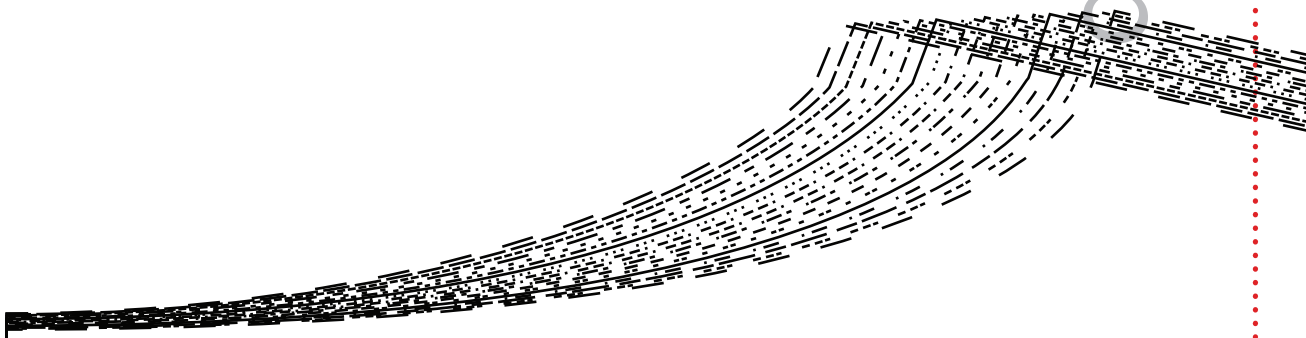
1h





Basic Tee

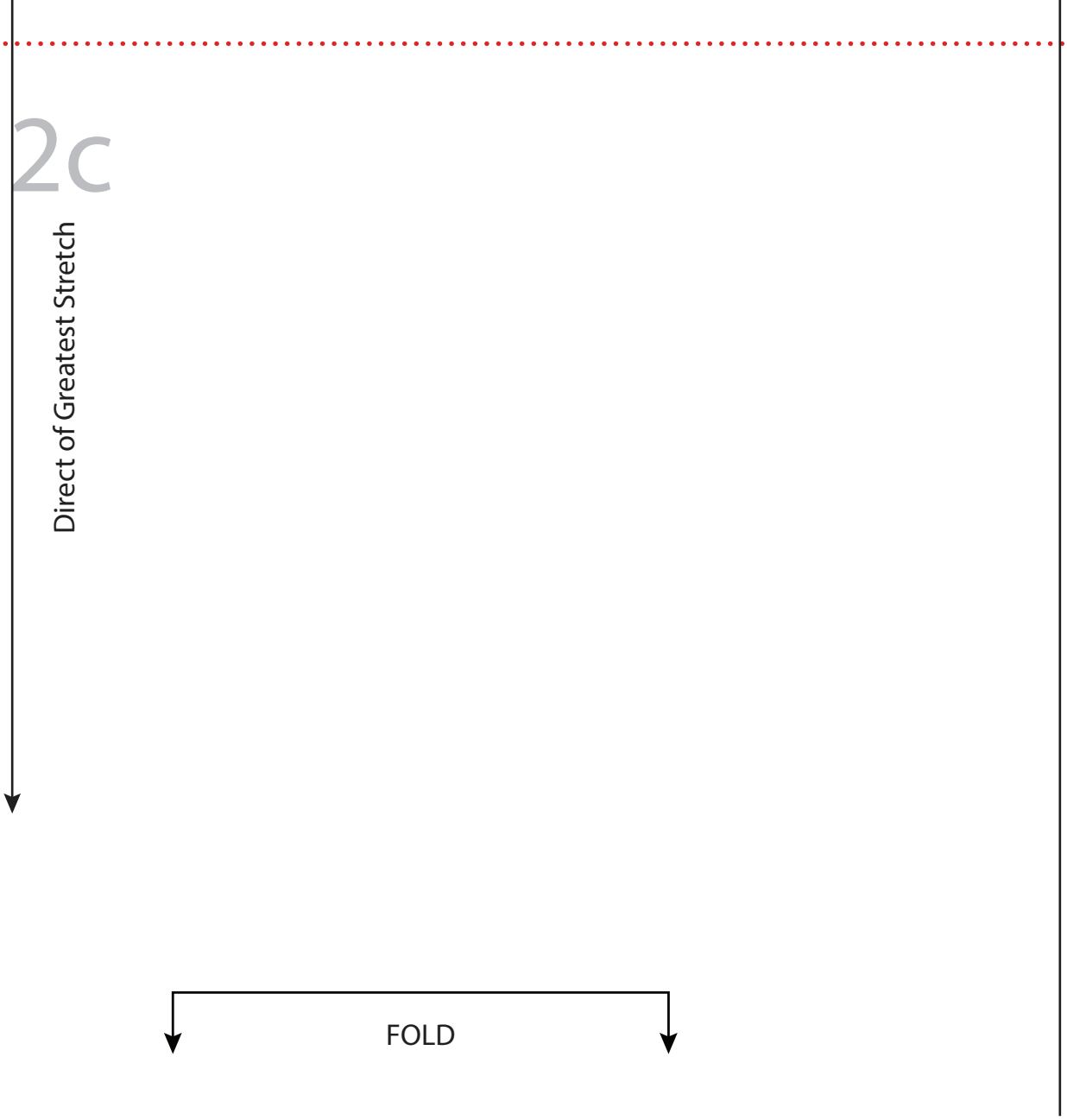
Back

Piece 1

Cut 1 on the Fold

3/8" Seam Allowance Included

2c



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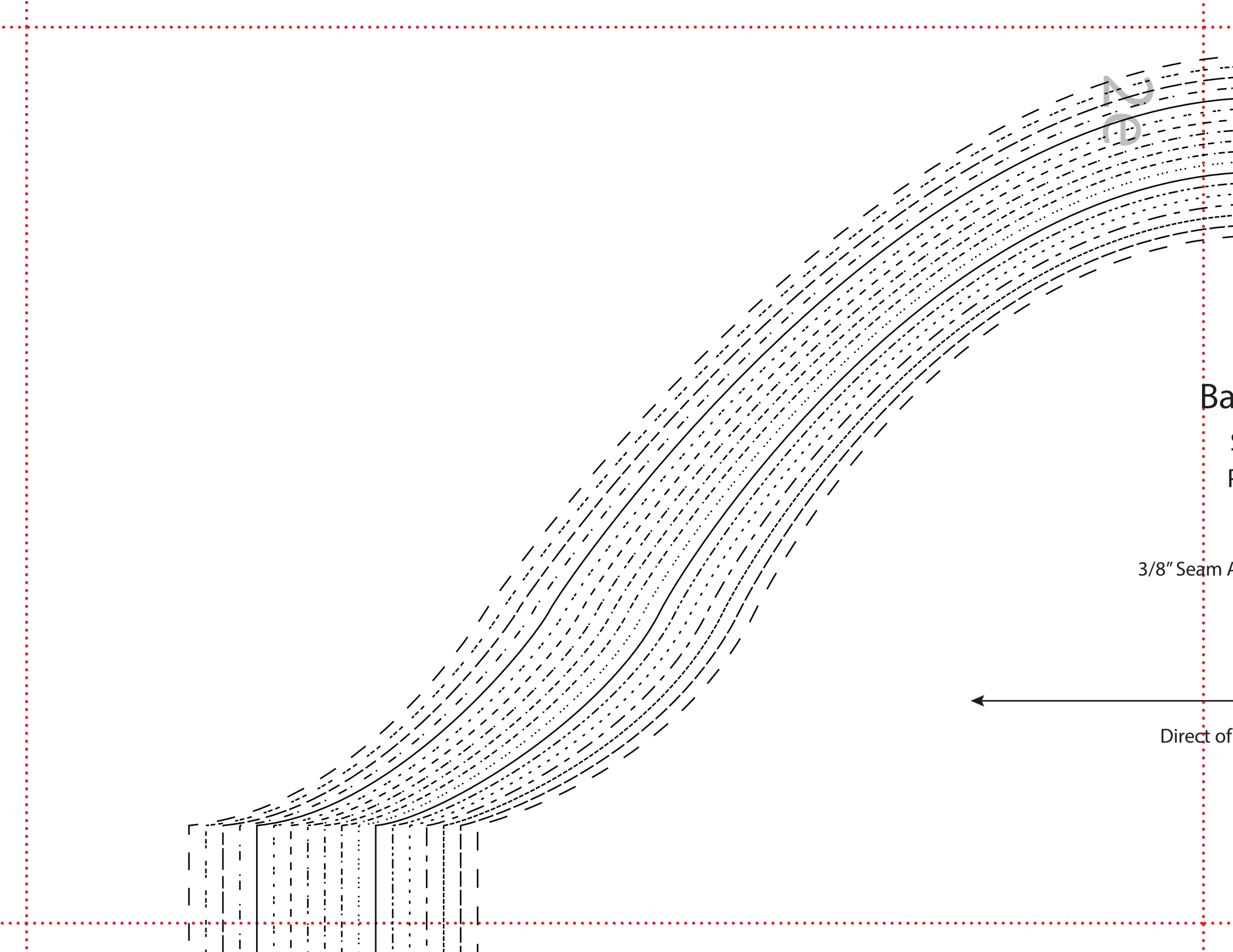
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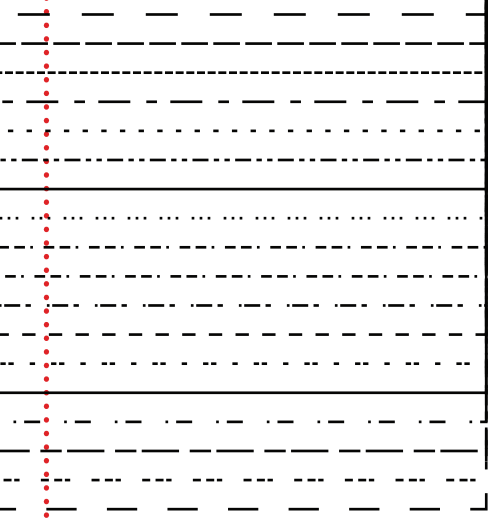
3/8" Seam A
Direct of

2f



FOLD

Basic Tee

Neckband

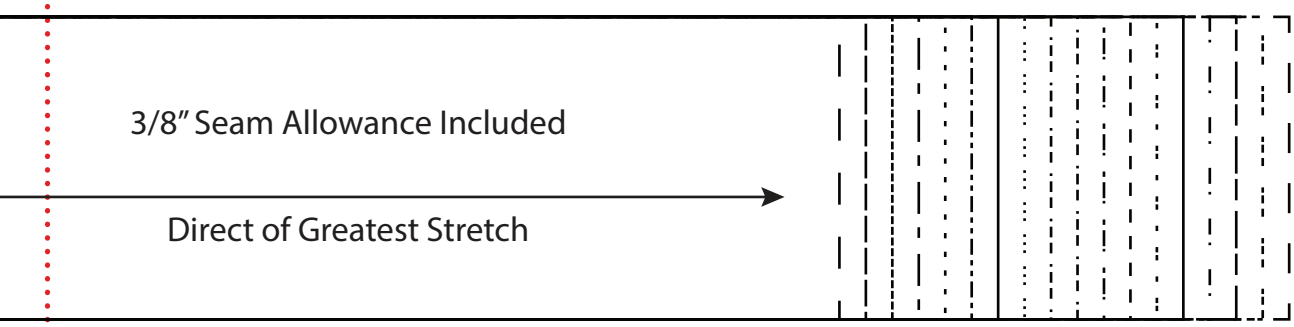
Piece 4

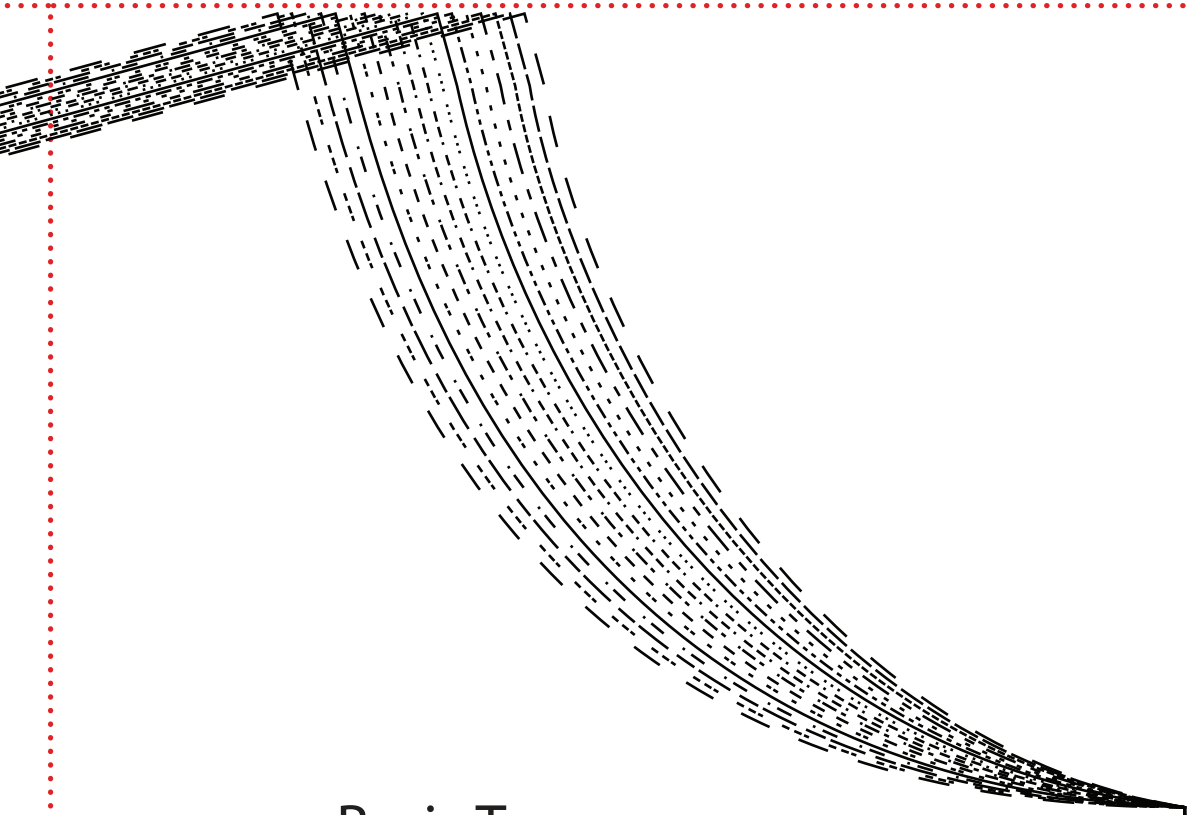
Cut 1 on the Fold

2g

Lengthen/Shorten

FOLD





Basic Tee

Front

Piece 2

Cut 1 on the Fold

3/8" Seam Allowance Included

2h

Direct of Greatest Stretch